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# **How an Ability Inclusive Mindset can help with the transition to masks recommended in schools**

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**THE NORA PROJECT**



# *Belief #1*

## **ACCESSIBLE SPACES ARE BETTER SPACES**

*We will continue to include everyone in all aspects of our classroom. How can we make sure that everyone, masked or unmasked, knows they belong in our classroom?*

## *Belief #2*

# INCLUSIVE ACTIVITIES ARE RICHER ACTIVITIES

*We know that valuing our differences makes us stronger. How can we work together to ensure that all students know that their feelings and perspectives are valued as we move forward?*

## *Belief #3*

# ALL HUMAN LIVES HAVE EQUAL VALUE

*Everyone has a different experience and perspective on moving forward with COVID. How can we ensure that everyone knows that their experience, worries, and perspective will be respected?*

# *Behavior #1*

## **INTENTIONAL AND CREATIVE PLANNING**

*Anticipate that there will be different opinions about this changing rule in our classroom. How can we set up our space to support all comfort levels?*

## *Behavior #2*

# STEPPING OUT OF YOUR COMFORT ZONE

*You will likely disagree with someone about how to move forward. We will all make decisions in our own unique way. How will we treat one another when we disagree about things?*

## *Behavior #3*

# DEMONSTRATING EMPATHY

*This is an opportunity to truly flex our empathy muscles. What will it look/feel/sound like to show empathy to one another as we move to masks recommended?*