



It's important to learn to be a good friend. It is also important to learn about what makes us alike and different.



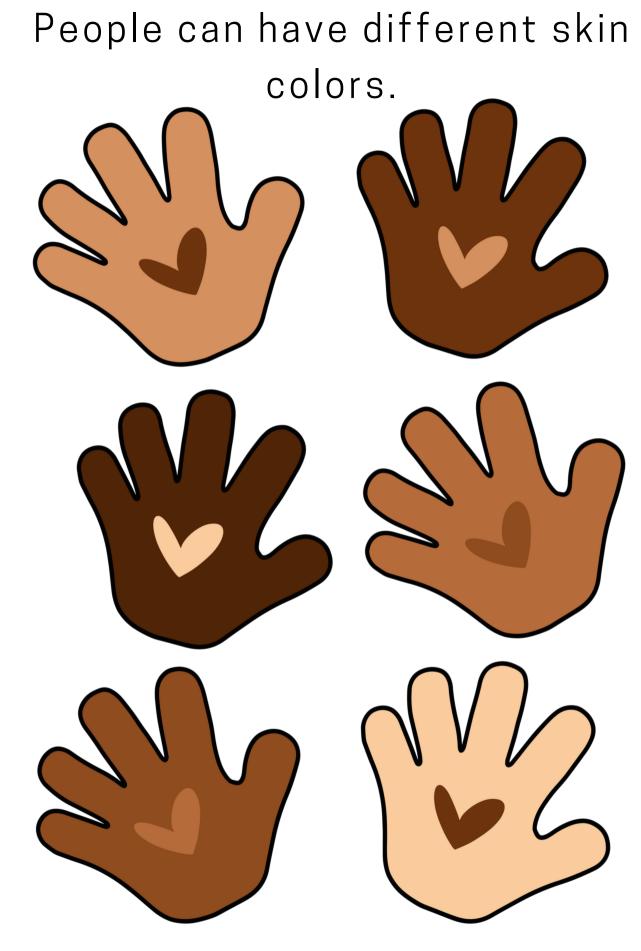


We are all made up of lots of different qualities. Some are apparent - you can notice them when you meet someone. Some are non apparent - you might not know about them unless someone tells

you.





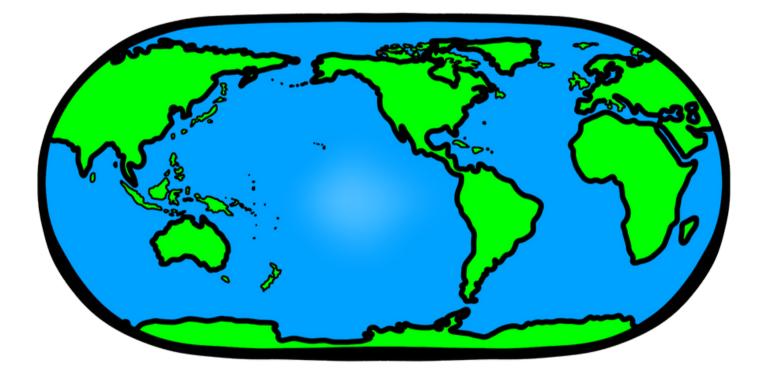


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People can identify with different genders.



People can come from different places all over the world.





People can have different beliefs and values.





People can have disabilities which impact the way they complete the daily tasks of life, like eating, breathing, moving from place to place, and learning.





Our differences aren't good or bad, and none are better than the others! All of our qualities are okay. They make us human.





We can celebrate all our friends' different qualities. Respecting a person's way of being is part of being a good friend.





In order to be a good friend to everyone, we must get to know what makes a person who they are - we must learn their stories!

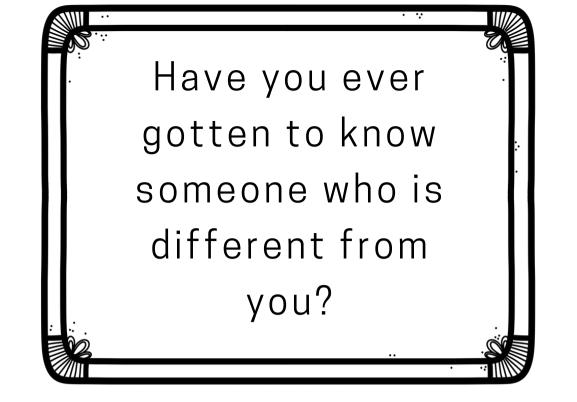


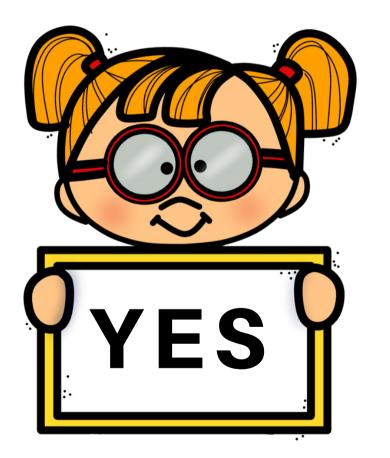


When you make new friends, it's okay to have feelings and questions. All of our feelings are okay.



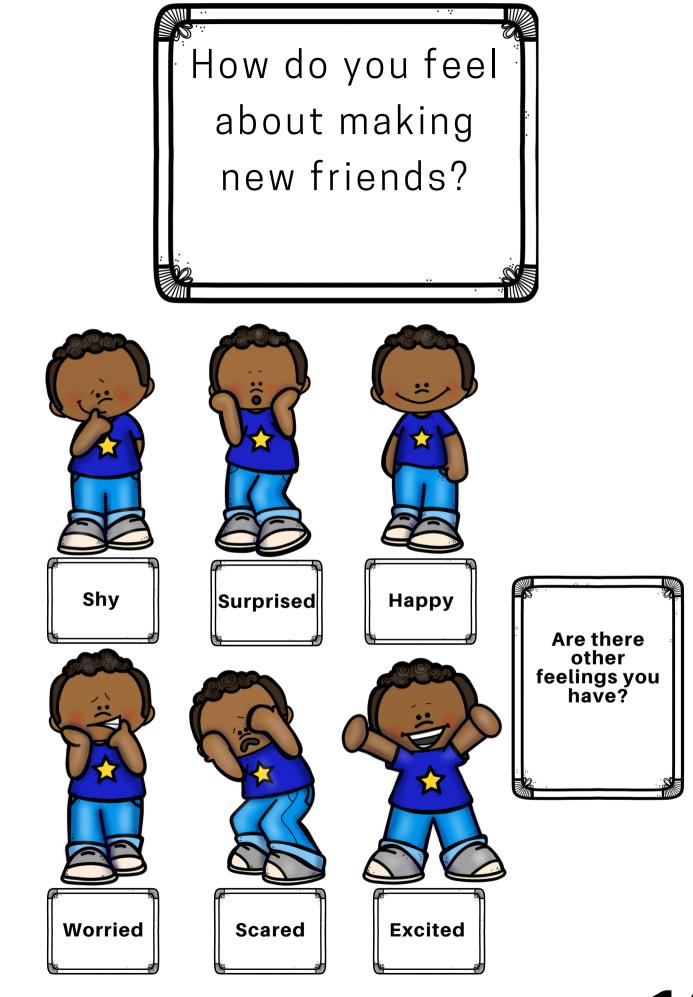












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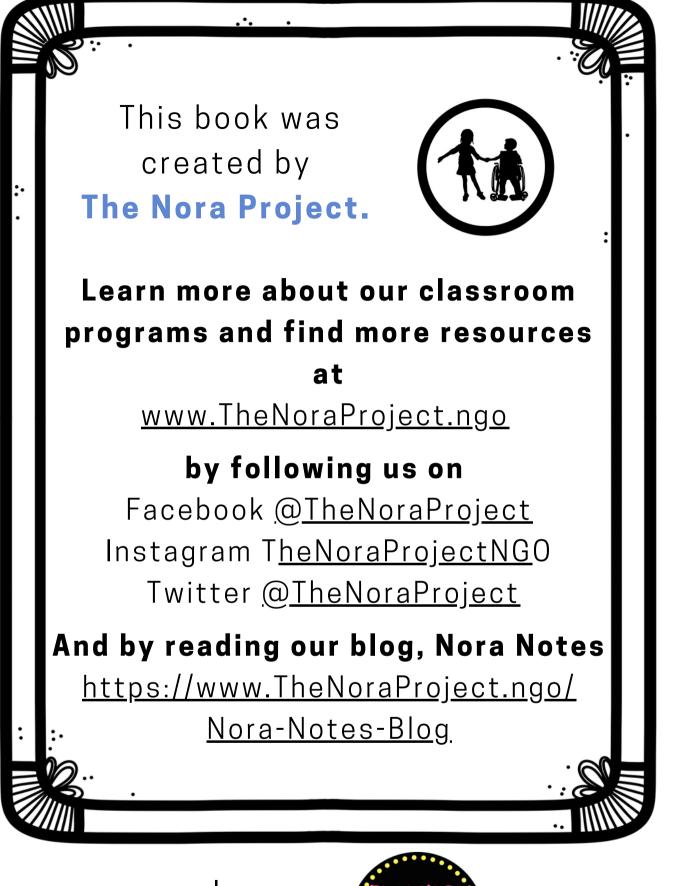
Additional Reflection Questions:

What questions, curiosities, or worries do you have about meeting new friends?

What are some strategies you know about that can help calm your nerves when you are meeting new people or spending time with people you don't know well?

What are some tools you can use to help you when you are spending time with new or unfamiliar people?





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